



## **Zeavola Spa**

For an adventure spa experience where you can enliven the senses and experience a spa with a strong emphasis on nature - Zeavola Spa is waiting for you.

With exciting spa options designed to invigorate tired muscles, increase circulation and stimulate the bodies natural processes towards health, contentment and well-being. Using a range of traditional, ethnic and imported, products and principles that you will benefit from long after you leave our care.

We recommend that you allow time to utilize the steam, sauna and rain shower facilities before you select spa options to maximize your spa experience.

All our Spa treatments are suited for couples to share and our team will assist in recommending combinations best suited for togetherness.

Open everyday from 10.00 am – 9.00 pm (last booking for 1 hour treatment is 8.00 pm.)

## **Term & Conditions**

### **Arrival Time**

Please arrive 15 minutes prior to your scheduled appointment time. If this is your first visit Zeavola Spa we will require you to fill in our Guest Questionnaire. This will also enable us to tailor your treatments to yours specific needs.

### **Late Arrivals**

Arriving late for your spa appointment will decrease your treatment time. If you arrive more than 15 minutes late for any appointment we recommend that you reschedule.

### **Cancellation Policy**

If at anytime before your appointment you would like to reschedule or cancel your booking we request a minimum of three hours notice. If your cancellation is less than three hours prior to your appointment time a 50% charge will apply. For all no shows a 100% charge will also apply.

### **Maximize your Spa Time**

Guest lockers with heat treatments and showers are available throughout the day. We recommend that you spend some time here before your treatment, or it can be incorporated into any of spa packages. If you have any questions any of our therapists will be happy to assist. A charge of THB 500 will be levied if not used in conjunction with a spa treatment.

### **Jewellery**

While trinket boxes are available in the spa rooms, we recommend that you leave all jewelry and



valuables in your suite or in a Spa locker room.

### What to Wear

Your privacy and modesty shall be respected at all times during your treatment and while most spa treatments are best experienced without any clothing, your comfort factor is more important. If you are not comfortable wearing the disposable underwear that will be provided, we recommend that you wear a bathing suit for your spa experience.

### Men

Men are requested to wear the disposable undergarment or bathing suit for all body treatments. We also highly recommend that you shave before having a facial treatment. Facial hair does not effect the facial treatment, but it is much more comfortable for you if you are cleanly shaven.

## Zeavola Spa Menu

### PACKAGES

**Inner Balance (1.5 hours) B 2,500**  
▪ *aromatherapy massage*  
▪ *champissage head massage*

**Intimate Hours (2 hours) B 3,900**  
*For a rural Thai experience*  
▪ *coffee and spice scrub*  
▪ *body booster massage*

**Love Wave (3 hours) B 5,900**  
*Designed with romance in min. Select from our sensual oils that have been extracted from exotic flowers that evoke happiness and to encourage expressions of love.*  
*Lavender - loyalty or devotion*  
*Rosemary - remembrance or fidelity,*  
*Rose - undying love, fascination*  
*Peach – fascination.*  
▪ *coffee and spice scrub*  
▪ *feet at ease massage*  
▪ *massage of choices (60 minutes)*  
▪ *facial for your skin types*

### BODY SCRUBS & BODY WRAPS

**Fit & Firm Scrub (60 minutes) B 2,200**  
*Heavenly scrub using an exfoliating cream with algae that helps to remove rough skin followed by a massage with slimming and toning complex.*

**Seaweed Body Wrap (60 minutes) B 2,200**

*This mineral-rich detoxifying wrap is highly effective in drawing toxins from the body.*

**Sun Soother Body Wrap (60 minutes) B 2,200**

*Yogurt and cucumber is an old household remedy against sunburn assisting to reduce heat and inflammation. Additionally our therapists will be using Aloe Vera Gel, which boosts the human immune system and helps to reduce the pain, while providing numerous vitamins to the body. This treatment will sooth and re-hydrate your sunburned skin and get your ready for the next day.*

**Coffee and Spice Scrub (45 minutes) B 1,700**

*Sugar provides a gently natural scrub and antiseptic effect combined with organic coffee for deodorizing and spice citrus for detoxification.*

## MASSAGE

**Body Booster (90 minutes) B 2,700**

*Deep tissue manipulation using firm strokes and applied pressure on specific stress points to soothe muscular tension.*

**Thai Touch + Thai Herbal Compress (90 minutes) B 2,700**

*A combination of Thai massage and Thai herbal compress to improve blood circulation and nourish the skin. Traditional Thai massage is performed to enhance joint and body flexibility. The herbal compress has many benefits, including anti-inflammatory properties, when applied with pressure and heat along energy lines.*

**Thai Palm Massage (90 minutes) B 2,700**

*Virgin coconut oil is applied using Indonesian massage techniques with the palm of the hand. A light massage for stimulating body and mind.*

**Swedish Massage (90 minutes) B 2,700**

*Using an energizing and mood lifting massage oils to stimulate circulation, generate muscle flexibility and invigorate the body. This Swedish massage will leave you refreshed, uplifted and ready to go. go. go.*

**Phi Phi Lomi (60 minutes) B 2,000**

*A combination of Polynesian Lomi Lomi & Thai Massage. This unique massage uses rhythmic dancing techniques, long stroking movements and stretching to release tension, increase blood circulation and enhance spiritual healing.*

**Aromatherapy Massage (60 minutes) B 1,800**

*After an active day, rice bran oil is blended with a theraputic scents to suit your needs:*

*Sensual: sweet orange, ylang-ylang, neroli and patchouli*

*Invigorate: rosemary, bergamot, juniper and lemon*

*Comfort: lavender, geranium, petigrain and clary sage*

*Refreshing: citrus combination of orange, lemon, grapefruit and mint*

**Sport Massage (60 minutes) B 1,800**

*Stay alert for adventurous exploration on Phi Phi Island. Using our invigorate massage oil to stimulate circulation, generate muscle flexibility and invigorate the body.*

**Feet at Ease (60 minutes) B 1,800**

*Based on Chinese believes where your body's functions are reflected in your feet, we use an oriental herb balm with essential oil to massage your feet and lower legs.*

**Champissage Head Massage (30 minutes) B 1,050**

*Adapted from Indian head massage, we apply natural virgin coconut oil with massage techniques that concentrate on the scalp, neck, and shoulders.*

## **FACIAL CARE**

**Shisho and Green Tea (60 minutes) B 2,250**

*For sensitive skin, a facial treatment for both men and woman using rice bran oil and oatmeal facial cream with anti-oxidant properties. Beneficial for moisturizing.*

**Vitaman Delight (60 minutes) B 2,250**

*A customized vitaman facial treatment for men using indigenous native Australian plants to cleanse, moisturize and renourish.*

**Aromatic Facial (60 minutes) B 2,250**

*A facial for all skin types. A rich blend of essential oils, plant vitamins and trace minerals from fruits substances leave the skin replenished and purified.*

## **FINISHING TOUCHES**

**Spa Manicure B 1,000**

*Includes hand bath, scrub and arm massage.*

**French Manicure B 1,200**

*Spa manicure using French polish.*

**Spa Pedicure B 1,200**

*Includes footbath, scrub and lower leg massage*